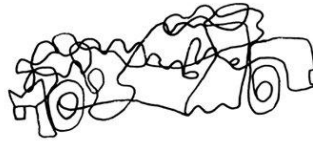


What things do people spend time restoring?

Who is involved in restoring humans?



Why do people need 'restoring'?

What is the Holy Spirit's work in salvation?

What is 'sanctification'?

What is not an optional extra in the Christian life?



What do the following verses say about holiness?

- 1 Thess 4:7
- 1 Peter 1:15

Which of these are we freed from when we become Christians?

- ☐ Sin's penalty
- ☐ Sin's power
- ☐ Sin's presence

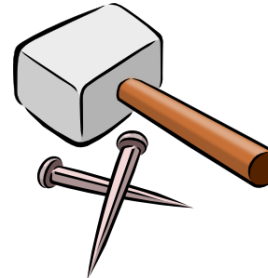
What are we do to with sin in our lives?



What do we need to do to put sin to death?

What are some of the ways the Holy Spirit helps us to fight sin and to pursue holiness?

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What are we told to do in...

v16

v18

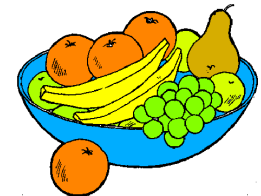
v25

Crucifying the sinful nature is a picture of what?

What is the fruit of the Spirit?

The fruit of the Spirit is about....

1. C\_\_\_\_\_ not C\_\_\_\_\_
2. A\_\_\_\_\_ not A\_\_\_\_\_
3. G\_\_\_\_\_ G\_\_\_\_\_ not I\_\_\_\_\_ A\_\_\_\_\_



If you are you a Christian, are you growing daily more like Jesus?