

Text Messaging Psalm 56

Sunday 25th Sept 2011

What emotions are expressed in Psalms?



What is anxiety?



What things can cause us to be anxious?

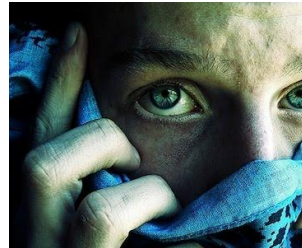
When is fear a good thing?

What do you do when you are anxious?

Who wrote Psalm 56 and when?

Why did David need to hide?

Why was Gath an unusual hiding place?



How does David describe his situation in v1?

What does David say is happening in vv5-6?

What do we learn from v7...

- About David?
- About God?



Anxiety

What is the antidote (answer) to anxiety?



1. Trust in the P_____ of God

What unique divine promise had been made to David?

What divine promises have been made to the Christian?



2. Trust in the P_____ of God

What question does David ask in v4/v11?

What is God able to do? See v7

What 2 things does David thank God for doing for him in v13?

According to **Philippians 4:6** what are we to do when we are anxious?

Peace

What results when we pray? See v7

What are we told to do in **1 Peter 5:7**?

i care

How does knowing God cares help us when we are anxious?