

The fruit of the Spirit is ... kindness (Galatians 5:22-23a)

Introduction

- Give a biblical example of kindness.
- What is the fruit of the Spirit?

i What is kindness?

- What does the Greek word for kindness (χρηστοτης) speak of?
- So what does being kind involve?
- Why is kindness something which cannot only be felt inwardly?
- Give some examples of kind acts.
- How might someone show a false kindness?
- When might we be downright unkind?

ii Where do we see kindness?

- Who gives us the greatest example of kindness?
- Which is the first passage which speaks of God's kindness?
- How does it emphasise the greatness of his kindness?
- Which is the second passage which speaks of God's kindness?
- How does the fact that God saves sinners emphasise his kindness?
- What did God sacrifice in giving his Son?
- How should we respond to this?

- Which is the third passage which speaks of God's kindness?
- What does it also speak about?
- What must you do if you do not trust in Jesus Christ?

iii How do we grow kindness?

- How do we grow in all areas of the fruit of the Spirit?
- Which passage teaches us how to grow in kindness in particular?
- What must we take off and what must we put on?
- What must we focus on if we are to do this?

iv Why do we need kindness?

- What is the first reason we need to be kind?
- Who is an example of that?
- Why do non-Christians need us to be kind?
- What is the second reason we need to be kind?
- Which verse shows that?
- What is the third reason we need to be kind?
- Which verse shows that?
- Why should this be our greatest motivation to be kind?

Conclusion

- Can you see this aspect of the fruit of the Spirit in your life?