# The fruit of the Spirit is ... goodness (Galatians 5:22-23a)

#### **Introduction**

- How many names are on the Bible's list of those who are good?
- Which verse tells us that?

## i What is goodness?

- What is the first part of the meaning of "goodness" (άγαθωσυνη in Greek)?
- What does the apostle Paul want us to do with what is good in Romans 12:9?
- What is the second part of the meaning of "goodness"?
- What should good people do to society?
- Give some examples of places where good Christians can make a difference.

#### ii Where do we see goodness?

- Who gives us the greatest example of goodness?
- Which passage speaks about the goodness of God the Father?
- How good is He, then?
- Which passage speaks about the goodness of God the Son?
- Which passage speaks about the goodness of God the Holy Spirit?
- Give some examples of good deeds which our Saviour did on earth.
- What is the ultimate good deed?
- How should you respond to his goodness if you are not a Christian?

• Why is God's goodness such a comfort to us in hard times?

## iii How do we grow goodness?

- How do we grow in all areas of the fruit of the Spirit?
- What should we do to grow goodness in particular?
- What is Jesus saying in Matthew 12:33-35?
- Which proverb tells us to guard our hearts?
- What does the fact that we need to guard our hearts imply?
- How can we guard our hearts?

# iv Why do we need goodness?

- What does Ephesians 2:10 tell us was one of the reasons for which we were saved?
- What does this teach us about the importance of goodness?
- What will be the consequences, then, if we are not good?
- What is a second reason why we need to be good?

# **Conclusion**

Can you see this aspect of the fruit of the Spirit in your life?