

What command is given in v2?

What burdens might Christians carry?



What is the greatest burden we can bear?

How is this heaviest of burdens carried for us?



What does **1 Peter 5:7** say?

How do we cast our cares upon God?

What is a significant part of God's provision to help us in our Christian lives?



What is the fruit of the Spirit all about?

How do we reconcile v2 and v5?

Why are we reluctant to ask for help from others?



What warning is given in v3?

How do we test our own actions? And why?



What does comparison with others lead to...

- If we feel they are better than us?
- If we feel we are better than them?

What is 'the law of Christ'? See **John 13:34**

How might v6 be related to v5?



What does Paul say in v1?



What 3 things does Paul say about this ministry?

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What warning is given in **1 Corinthians 10:12**?

