What do you worry about?

What effect can worry have on us?





What is life all about?

What does Jesus say we shouldn't worry about?

What is the chief end of man (Westminster Catechism)?

What has Jesus said in verses 19-24?



1. Look at the \_\_\_\_\_(26-27)



What do we need to remember about how God views us?

What other reason is given for not worrying in v27?



What does Jesus say about the flowers?



How are we different from flowers?

What is the root of worry? See v30





Why should we trust God to supply what we need?

Who are we like if we worry about food and clothes?

What are we to do instead of worrying about food and clothes?



What are the first 3 petitions of the Lord's Prayer?



What does Matthew 5:6 say?

What does Jesus say in v34?

What does **Philippians 4:6-7** tell us to do and why?