What is required to represent your country at the Olympics?



What prize did race winners get in the games in ancient Greece? See 1 Corinthians 9:24-25



According to Paul, what is like a race?

When does this race of faith begin & end?

1.

What will you remember most about 2017?



Why is it good to look back occasionally?



Why do you need to look ahead when you are running?

What responsibility do we have as Christians?

What encourages us when we look back and see our mistakes?

2.

What does the word 'straining' mean?



What is your ambition for 2018?

What is Paul urging us to do?





What is the Christian's prize?

What qualifies Paul for the prize?

3.

What is Paul's situation when he writes this letter?



In what areas, can we press on in our lives as Christians?



In what 2 areas do we want to press on as a church?

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What are some of the things that we will be praying for next week?

